

Your Medical Health Officers recommend influenza vaccines for children

With influenza season here, we want to remind parents that vaccines are available for children and are a very effective way to reduce the risk of severe disease. We are seeing children hospitalized from influenza here on the island. Vaccination is particularly important for children under 5 years old, who are at a higher risk of harm.

To get your child vaccinated against influenza, register them in the provincial Get Vaccinated system online at www.getvaccinated.gov.bc.ca or by calling 1-833-838-2323. Most Island Health clinics allow for up to two immediate family members to be vaccinated during a child appointment, depending on supply and capacity.

If your child needs to get up-to-date with routine childhood vaccines (eg. diphtheria, tetanus, whooping cough, polio, measles, chickenpox, hepatitis B) or if you have questions about these, call your local public health unit at the phone number below. Influenza vaccines can be provided at the same time.



Campbell River Health Unit	250-850-2110
Comox Valley Health Unit	250-331-8520
Duncan Health Unit	250-709-3050
Esquimalt Health Unit	250-519-5311
Gold River Health Unit	250-283-2626
Ladysmith Health Unit	250-755-3342
Lake Cowichan Health Unit	250-749-6878
Nanaimo Public Health Unit	250-755-3342
Parksville Family Place	250-947-8242
Peninsula Health Unit	250-544-2400

Port Alberni Health Unit	250-731-1315
Port Alice Health Unit	250-284-3555
Port Hardy Health Unit	250-902-6071
Port McNeill Health Unit	250-956-4711
Saanich Health Unit	250-519-5100
Salt Spring Island Health Unit	250-538-4880
Tofino and Ucluelet Public Health Unit	250-725-4020
Victoria Health Unit	250-388-2200
West Shore Health Unit	250-519-3490

For more information on influenza vaccines, visit islandhealth.ca/learn-about-health/the-flu-influenza, or call your local public health unit.

Sincerely, your Medical Health Officers:

Chief Medical Health Officer:

Dr. Reka Gustafson

North Island:

Dr. Charmaine Enns

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Cowichan Region:

Dr. Shannon Waters

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